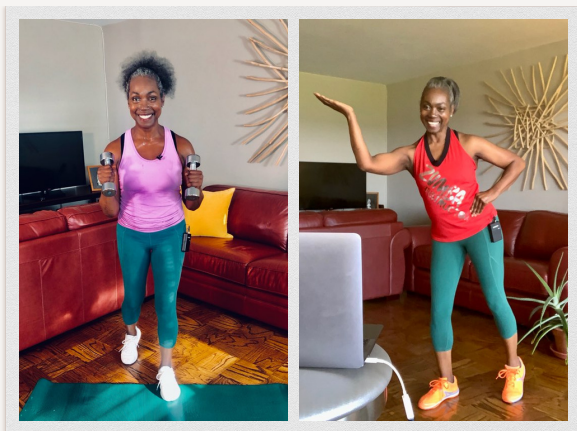


Fall Back into Fitness!

Rutgers University-Newark Office of University-Community Partnerships (OUCP) and Advocates for Healthy Living Initiative (AHLI) offers free fitness classes featuring certified fitness instructor Crystal Gaynor



Fridays

12:30 p.m. - 1:30 p.m.

30 minute Sit & Fit

30 minute Zumba

Click [HERE](#) to join!

Sponsored by: Advocates for Healthy Living Initiative (AHLI), Rutgers University-Newark Office of University-Community Partnerships (OUCP), American Heart Association, and Rutgers Global Health Institute