Rutgers University-Newark’s (RU-N) Office of University-Community Partnerships (OUCP) celebrated National Minority Health Month on Tuesday, April 23, 2019 by hosting the Health is Wealth: Cashing in on Your Brain and Heart Healthy Resources event. Held at RU-N’s Paul Robeson Campus Center, the event featured a healthy breakfast and lunch, information/giveaway tables, and presenters from the Alzheimer’s Association, Robert Wood Johnson Clara Maass Medical Center, Rutgers New Jersey Medical School, the American Heart Association, and Embrace Your Fitness. Discussions included strategies and behaviors to improve overall health among seniors, with specific information on Alzheimer’s Disease and dementia, and prevention of stroke, high blood pressure, colorectal cancer and related disorders. The East Orange Silver Steppers and Silver Fitness Team performed before the audience of approximately 200 senior citizens from Newark and the Greater-Newark area. Nashon Hornsby, Assistant Commissioner, New Jersey Department of Health brought greetings.